

Nerys Hughes

A whole child approach

A child's development is significantly impacted by its interactions with the environment and the information received by the sensory system. Nerys will explore how the sensory system develops, how disruption to one system has impact on multiple systems, a child's development and learning.

In this session we will explore real case studies to provide insight into the impact of treatment, reflecting on the role of the wider team and treatment planning within a interdisciplinary team.

With the aim of providing a greater understanding of how to help a child progress and facilitate positive change for a child through a multi-sensory developmental lens.

Getting your hands dirty - practical sensory workshop

This workshop will enable participants to explore sensory based interventions and gain a deeper understanding of how to progress a child who is experiencing sensory disruption or delay.

This workshop provides you with the opportunity to really experience how the sensory systems work and how interrelated the systems are. Enabling practitioners to use sensory based interventions in many settings

Nerys Hughes is a children's Occupational Therapist, with advanced practitioner recognition in sensory processing disorders, complex eating and drinking dysfunction and postural and seating management. She specialises in complex disorders such as Down syndrome, autism and chromosomal disorders. She is also trained in primitive reflex integration.

She is the founder and clinical director of Whole Child Therapy In Greenwich in London. WCT is one of the first multi-disciplinary social enterprise clinics in the UK, providing occupational therapy, speech therapy, physiotherapy, osteopathy, nutritional therapy, play therapy and family support, for families, schools and charities. She and the WCT team are currently working with SeeAbility to create national standards for children with learning difficulties.

Nerys Hughes lectures across the UK on the treatment and management of sensory processing disorders. Her commitment to multi-professional practice that is both evidenced based and effective is the core of WCT values.

