

# The Ear Foundation Coffee Morning's 2018



<b>WHEN</b>	Last Wednesday of the month; 10.30am-midday.
<b>WHERE</b>	The Ear Foundation, 83 Sherwin Road, Lenton, Nottingham, NG7 2FB
<b>WHAT</b>	<p><b>January 31st</b>– Mindfulness</p> <p><b>February 28th</b>– Sudden Sensorineural Hearing Loss (Kate and Nikki—Aston Hearing)</p> <p><b>March 28th</b>– ‘Hear for Tea’ launch (Becky)</p> <p><b>April 25th</b>– Yoga (Karen)</p> <p><b>May 30th</b> – Watercolours (Sasha)</p> <p><b>June 27th</b>– Hearing Dogs for the deaf (Jennifer)</p> <p><b>July 25th</b>– Book Swap</p>

Please pre-book a space  
£1.50 per person including refreshments (payable on day)

For more information please ring 0115 942 7804 or  
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