

# Sound Advice for Adults—2018



Supporting adults with bone conducting hearing implants, cochlear implants and hearing aids.  
£15 per person including lunch. Friends and family are encouraged to come along.

## **\*TWILIGHT\* SESSION**

**Thursday 22nd Feb:**

5.30– 7pm / £5 per person

**Welfare and Benefits**



Find out more about the support available for those with a hearing loss. Join us to find out more about this topic with experienced speakers, with the chance to ask questions.

## **Saturday 17th March**

10am-2.30pm

**Tinnitus**



Are you or someone you know living with Tinnitus? Are you interested to find out more about the condition including causes, symptoms & support? Join us for day of up to the minute information with tips & strategies to help you live well with Tinnitus.

## **Saturday 12th May**

10am-2.30pm

**Music**

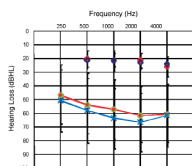


Come and join us for our music workshop. Discuss and share experiences around the common issues related to music and hearing loss. Practical support in learning how to enjoy music again with your hearing technology.

## **Saturday 30th June**

10am-2.30pm

**Understanding your Hearing Loss**



Baffled by your Audiogram? Do you want to decode your Audiogram or demystify some of the technical terms used? Join us in a friendly environment to learn more & ask the experts your pressing questions.

## **Saturday 1st September**

10am-2.30pm

**Life after aids/ implants**



So you've been fitted with hearing aids and/or an implant, what's next? Top tips looking at how to make the most of your hearing technology & what else is available to support you in living well with your hearing loss from equipment to groups.

## **\*TWILIGHT\* SESSION**

**Thursday 11th October**

5-7pm / £5 per person

**Assistive listening devices**



A look at the latest in hearing technology with a focus on assistive technology. Join us to find out what else helps beyond hearing aids & implants.

If you would like to attend any of these sessions or would like more information, please contact:  
sarah.hoyle@earfoundation.org.uk, call 0115 9427 804 or text 07852 296613

***\*Please let us know in advance if you have any dietary requirements or communication needs\****